

HILLWOOD FOOTNOTES NEWSLETTER

From the desk of the Hillwood Club President....

Hey gang!

Believe it or not, our season is just around the corner! Coaches should be getting their final rosters and practice should soon be in full swing. More importantly we need to get all of our Hillwood kids in soccer-shape! This includes good nutrition, additional exercise away from practices, and of course the proper amount of sleep. I make mention of the items above because as the busy time of year starts to ramp up, with regards to school, active kids themselves sometimes forget to address their soccer fitness and nutrition.

Studies have shown that kids who get regular exercise and play organized sports, do better in school, tend to stay out of trouble and are better community citizens. Needless to say helping your kids maintain an active lifestyle, early on, will better prepare them for future success both on and off the soccer pitch.

I look forward to the upcoming season, if you see me on the fields please do come up and introduce yourself.

And please remember, Hillwood soccer is just for kicks!

D.J. Yasui
President
Hillwood Soccer Club

Walk in the Shoreline Parade:

Calling all Hillwood Soccer Players!!!!

We would love for you to come walk in the parade for Celebrate Shoreline.

The parade is Saturday, August 20th at 12pm.

We will meet at St. Marks at 11am, wear your uniform and bring a water bottle!

Bring your fabulous Hillwood Soccer enthusiasm!

We will have flyers and candy to hand out along the parade route.

If you have any questions please contact Toni McSorley @ tonimcsorley@gmail.com or cell 206-227-1365.

Registration:

Your team coach or manager will be contacting you soon to let you know what team you are on.

Please do not call or email Hillwood for this information until after Aug. 22.

Birth Certificates:

Hillwood needs a photocopy of a certified Birth certificate on file for all players.

If you have not already sent one in please do so now.

Hillwood PO Box 60226, Shoreline, WA. 98160

<mailto:Hillwoodsoccerclub@hillwoodsoccer.com>

Game Schedules:

Micro games are on Saturday mornings starting Sept. 10th. The season is approximately 8 weeks. Game schedules will be emailed out to Coaches the end of August.

U10 and above games are scheduled by SYSA. The schedules will be posted the first part of September at: www.sysa.org

Volunteer Opportunities:

Club Treasurer:

After many years of being the Hillwood Treasurer Pete Prekeges has decided this will be his final season. We would like to find a replacement now while Pete has volunteered to give some guidance. Pete recently set up a Quick Books Account. If you are interested in this position or would like more information please contact: 206-542-3353

Sue at: hillwoodsoccerclub@hillwoodsoccer.com **Or Pete at:**

<mailto:prekeges@att.net>

Field Liners:

Volunteers to adopt a soccer field to line each week before the weekend games. The field will be lined the first week with correct measurements. Contact Hillwood if you are interested.

Micro Coaches:

We still need a couple of BU7 Micro coaches. If you or someone you know is interested in coaching a team please respond to this email. High School students make great coaches and can earn community service hours.

Newsletter Editor:

Volunteer to write the Hillwood Footnotes Newsletter and email out to club participants every other month.

Soccer Equipment:

Do you have equipment, soccer literature, uniforms, nets etc. that you are no longer using?

Please return or donate to Hillwood.

Items may be dropped off at 20136 23rd PL NW or bring to Einstein field on Aug. 31 or Sept. 1 between 6:30 and 8:00pm.

Reminders:

Keep Fields Clean

No Dogs Allowed on any fields during practice or games

No Jewelry Allowed. Players are not allowed to wear jewelry. This is not the time to have ears pierced. You will need to remove them to participate. Covering with tape is not accepted.

Do not park or drop off kids north of Sunset School on 8th. Those neighbors are very sensitive to having players dropped off via the dead end road or parents parking there for easy access to Sunset. Please park in the south school parking lot.

Hillwood Website:

Has your team received an award, won a tournament, have an interesting story, or an announcement to share with the club?

Want to see your team picture on the website?

Email pictures and news to Ron Norton Hillwood Webmaster at; Ron@A-Tech.info

Visit the Hillwood Website for updates and information.

<http://www.hillwoodsoccer.com/>

Coaches and Managers:

All Coaches, Assist. Coaches and Managers must register on line each season. If you have not completed the reg. and background check please take a moment and do so now.

<http://www.hillwoodsoccer.com/select> registration link.

Team must have a medical release form for each player. Form available on the Hillwood website. <http://www.hillwoodsoccer.com/>

Players are only allowed to participate on one WSYSA team.

Micro Referee Clinic:

Parents, older siblings and coaches referee U6-U8 games. If you are interested in refereeing Micro games this season please attend Micro Referee

Clinic on Sept. 1st

from 6:30-7pm. Meet at the bleachers at Einstein middle school.

U9 referee Assignment Meeting:

Are you a young or recently certified referee interested in Refereeing Hillwood U9 soccer games?

Please attend Referee Assignment night Aug. 31 at 7:00pm on the bleachers at Einstein middle school field.

Or contact Jamie Holter:mailto:tj90272@yahoo.com

To sign up for U10 and above games visit: <http://www.seattlerefs.org/>

For more information about refereeing visit: <http://www.wasrc.org/>

Coach Meetings:

U10 and above Coaches Aug. 31 at 7:00pm

U6-U9 Coaches Sept. 1 at 7:00pm

Both meetings will be at Einstein Middle School field.

Note the earlier time than our usual meetings so we have more light.

Wear your cleats and be ready to participate.

Coach Clinics: visit <http://sysa.org/>

Thank you:

Coaches and Managers for volunteering and organizing your teams.

Shelly Adams and **Michal Laycock** for registering players.

Beth Dube for bundling and organizing picture packets by team.

Soccer field work party volunteers. **Phil Herold** for organizing this yearly event to keep the fields safe for our kids.

A big shout-out once again to **Jeff Brons of Bronscapes**, for lending his dump truck.

Team Echo Lake was:

Paul Payton

Jason Wall

Wayne Saito

Rob and Sean Fenner

Josh Harrisking

Jim Blakeway

Jason and Jamie Herold

Nathan Yasui

D.J. Yasui

Team Sunset was: The Boas Team, their coach, along with their families

Mia Bell and her Dad Mike

Mia Voce and her Dad Rob

Sophia Stahelli and her Dad Todd

Julia Horvath and her Dad Bob

Ashley Derosier and her Mom Terri

Abbey Wall and her Dad Jason, Mom Sari and Big Sister Emma

Important Dates:

Aug. 20 Shoreline Parade

Aug. 31 U10 and above Coaches Clinic 7:00pm Einstein Middle School Field

Aug. 31 7:00 Certified Referee sign up for Hillwood U9 games Einstein Middle School

Sept. 1 6:30 Micro U6 – U8 Referee Clinic

Sept. 1 U6-U9 Coaches Clinic 7:00pm Einstein Middle School Field

Sept. 10 All Micro U6-U9 Games begin

Sept. 10 U11, U13, U15, U16 games begin

Sept. 11 U10, U12, U14, GU17, GU18 games begin

Sept. 24 Micro Pictures Einstein Middle School

Oct. 1 U10 and above Pictures Einstein Middle School

Teams can schedule pictures on either date.

More Information:

Hillwood web site www.hillwoodsoccer.com

Maps to fields www.sysa.org

Coach and player clinics www.sysa.org

Tournaments <http://www.wsysa.com/>

Referee clinics <http://www.wasrc.org/>